

# the old spaghetti factory

fresh food. refreshing prices.

## IT'S ALL INCLUDED

At the Old Spaghetti Factory "It's all included" means a complete meal at one low price. All our entrées include Italian Sourdough Bread with Whipped Garlic and Plain Butter; Minestrone Soup or Crisp Green Salad; Spumoni Ice Cream; and Hot Tea or our own blend of Coffee. Dressing choices include Ranch, 1000 Island, Blue Cheese, House Italian or Low-Fat Sesame or:

Substitute Small Caesar Salad or Spinach Salad 2.00  
Substitute Clam Chowder or Baked French Onion Soup 2.50

## APPETIZERS

### Tomato Basil Flatbread with Goat Cheese

Grape tomatoes, caramelized onions, goat cheese and fresh basil on a warm flatbread with sweet Balsamic glaze 9.35

### Bam Bam Shrimp

Crispy breaded white shrimp glazed in spicy Sriracha sauce and garnished with fresh green onion 9.50

### Steamed Mussels

A pound of juicy mussels steamed in a white wine, garlic and tomato broth 10.50

### Calamari Fritti

Lightly floured and seasoned calamari served with Tzatziki dip 9.85

### Crispy Mozzarella Triangles

Breaded mozzarella fried until golden brown. Served with tangy dill or marinara sauce 8.95

### Chicken Wings

A pound of wings with choice of Honey Garlic, House Barbeque or Hot Sauce 10.75

### Chicken Dippers

Boneless chicken tenders fried until golden brown. Served with a choice of plum, honey mustard or sweet chili sauce 8.95

### Sweet Potato Fries

Crispy sweet potato fries lightly seasoned and served with a chipotle dip 6.95

## ENTRÉE SALADS IT'S ALL INCLUDED

### Caesar Salad

Prepared with our signature Caesar dressing 10.25  
Served with hot grilled chicken or a skewer of sautéed prawns 2.95

### Spinach Salad

Prepared with almonds, apples, and cranberries with our own Honey Dijon dressing and topped with creamy goat cheese 10.25  
Served with hot grilled chicken or a skewer of sautéed prawns 2.95

### Mediterranean Salad

Spring mix, fresh vegetables, olives, candied pecans and Feta cheese in balsamic vinaigrette 11.25  
Served with hot grilled chicken or a skewer of sautéed prawns 2.95

## SPAGHETTI CLASSICS IT'S ALL INCLUDED

### Spaghetti with Meatballs

Hand rolled meatballs served with Italian marinara sauce and topped with fresh parmesan cheese 14.95

### The Manager's Favourite

Choice of any two of the sauces listed below 13.50

### Spaghetti with Browned Butter and Mizithra Cheese

Our signature Mizithra is a deliciously salty cheese that is grated over our spaghetti and drizzled with browned butter 13.75

### Spaghetti with Meat Sauce

Rich meat sauce made with premium vine-ripened tomatoes, onions, roasted garlic and herbs 12.75

### Spaghetti with Spicy Meat Sauce

Our homemade meat sauce enhanced with additional spices and herbs 12.75

### Spaghetti with Clam Sauce

Baby clams in a light garlic and basil cream sauce 13.50

### Spaghetti with Marinara Sauce

Prepared using premium vine-ripened tomatoes, caramelized onions, roasted garlic, olive oil and herbs 11.50

### Spaghetti with Mushroom Sauce

Fresh button mushrooms, cooked until tender and blended with our rich Italian marinara sauce 12.95

### Pot-Pourri Spaghetti with Meat, Mushroom and Clam Sauce

A sampler for the undecided – generous portions of our most popular sauces 13.50

## BEVERAGES

Soft Drinks (Refillable) 2.99

Iced Tea (Sweetened & Unsweetened) 2.99

Milk 3.25

Hot Chocolate 3.25

Flavoured Lemonade / Iced Tea

Strawberry, Raspberry, Mango, Peach 4.25

Ice Cream Smoothies

Cookie Monster, Banana Berry, Mango Frosty 4.50

Italian Cream Sodas

Cherry, Blackberry, Strawberry, Raspberry 4.25

Espresso, Latte, Americano, Café Mocha 2.75



## SIGNATURE PASTAS IT'S ALL INCLUDED

### Pesto Linguine

Our homemade pesto is a mix of organic basil, pine nuts and almonds blended with our Alfredo sauce then garnished with grape tomatoes 13.50  
Served with sautéed chicken for 2.95

### Penne with Chicken

Sautéed chicken pieces, mushrooms, and penne noodles tossed in a rich white wine basil cream sauce with minced peppers and tomatoes 15.50

### Lasagna - Mama Pulosi's Secret Homemade Recipe

Layer upon layer of pasta, meat sauce and mozzarella, ricotta and parmesan cheeses 15.95

### Chicken Alfredo with Mushroom and Mascarpone Cheese Ravioli

Sautéed chicken pieces and bacon in our creamy Alfredo sauce and mixed with wild mushroom and mascarpone cheese ravioli 16.50

### Vegetarian Lasagna

Four cheeses, spinach, mushrooms, green peppers, julienne carrots, onions and a garlic marinara sauce served over layers of spinach lasagna noodles 15.50

### Seafood Fettuccine Alfredo

A creamy creation with prawns, scallops and mushrooms sautéed with our spinach and egg fettuccine noodles and Alfredo sauce 16.75

### Red Thai Curry Linguine with Prawns or Chicken

Light red curry and coconut milk mixed with sautéed peppers and choice of prawns or chicken and topped with fresh cilantro 15.95

### Manicotti

Tubes of pasta stuffed with a delicately spiced mixture of cheeses and spinach, topped with marinara sauce and melted mozzarella 15.75

### Tortellini Pomodoro

Rainbow tortellini stuffed with cheese in a rich rosé basil cream sauce with mushrooms, peppers, tomatoes and garlic 14.50  
Served with sautéed chicken for 2.95

### Seafood Linguine Marinara

Linguine noodles, topped with sautéed bay scallops, prawns and mushrooms in a garlic marinara sauce 15.75

### Tortellini al Forno

Rainbow tortellini with a light cheese filling and your choice of sauce then baked with mozzarella cheese 15.95

### Spicy Chorizo Penne Al Fresca

Spicy chorizo sausage sautéed with garlic, fresh chunky marinara sauce and tossed with penne rigate noodles 14.50

## FROM OUR GRILL IT'S ALL INCLUDED

### Chicken Parmigiana

A hand-breaded chicken breast, fried to a golden brown, topped with marinara sauce and melted parmesan and mozzarella cheeses. Served with spaghetti with marinara sauce or fries 17.95

### Roasted Garlic Grilled Chicken

A breast of chicken marinated with garlic and lemon and then grilled. Served over linguine noodles tossed with roasted garlic butter and topped with pesto tomatoes and parmesan cheese 17.95

### Baby Back Ribs

A pound of baby back pork ribs, slow cooked, basted with our own Smokey Barbeque Sauce and charbroiled to perfection. Served with spaghetti with marinara sauce or fries 20.25

### New York Steak

An 8 oz. center cut New York steak served with sautéed mushrooms and spaghetti with marinara sauce or fries 19.95  
Add a skewer of sautéed prawns 2.95

## SIDES

Clam Chowder Soup New England style with bacon 5.95

Baked French Onion Soup 6.25

Minestrone Soup 5.75

Sautéed Mushrooms Half a pound of fresh whole mushrooms 6.25

Fresh Broccoli Flavoured with mizithra cheese and browned butter 3.95

Meatballs and Marinara Sauce 3 hand-rolled meatballs 4.95

Prawns Skewer of sautéed prawns 2.95

Chicken Sautéed diced chicken breast 2.95

Substitute Gluten Free Corn Pasta 1.95

Ask us about our gluten-free menu

Substitute Multigrain Pasta 1.50

French Fries 3.95

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Formerly known as Alta Lake and re-named Whistler in 1975, the resort took its name from Whistler Mountain. Locals had nicknamed the mountain Whistler because of the shrill sound made by the many Western Hoary Marmots which resided there. This picturesque village has now become the number one ski resort destination in the world. We are proud to add ourselves to the Whistler experience and cordially invite you to visit our restaurant and view memorabilia of a time before.

Welcome to Whistler...

## “Large Party Experts”

Feeding a Large Group? We do all the work while you relax in a fascinating atmosphere. Ask for the manager to see a Group Menu or for any inquiries about group bookings.

## OSF To Go!

Take home a copy of our To Go menu. It's a great way to grab a quick and easy meal. Drop in or call ahead and we'll have your order ready for you to pick up at your convenience.  
604 938-1081

PROUDLY SERVING



Informed Dining

See our Nutrition Brochure

In the 1930s, this could quite likely have been the sight which greeted you upon your arrival to Alta Lake Station. Locals and tourists would take great pleasure in greeting the train as it came in, a tradition that is occasionally carried on by high-spirited locals to this day.

