

# the old spaghetti factory

fresh food. refreshing prices.

## IT'S ALL INCLUDED

At the Old Spaghetti Factory "It's all included" means a complete meal at one low price. All our entrées include Italian Sourdough Bread with Whipped Garlic and Plain Butter; Minestrone Soup or Crisp Green Salad; Spumoni Ice Cream; and Hot Tea or our own blend of Coffee. Dressing choices include Ranch, 1000 Island, Blue Cheese, House Italian or Low-Fat Basil Balsamic or:

Substitute Small Caesar Salad or Spinach Salad 2.00  
Substitute Clam Chowder or Baked French Onion Soup 2.50

## APPETIZERS

### Garlic Cheese Toast

Mozzarella, parmesan, and cheddar cheeses with an extra kick of garlic and spice. Served toasted on ciabatta 8.50

### Bam Bam Shrimp

Crispy breaded white shrimp glazed in spicy Sriracha sauce and garnished with fresh green onion 9.50

### Steamed Mussels

A pound of juicy mussels steamed in a white wine, garlic and tomato broth 10.50

### Calamari Fritti

Lightly floured and seasoned calamari served with Tzatziki dip 10.25

### Crispy Mozzarella Triangles

Breaded mozzarella fried until golden brown. Served with tangy dill or marinara sauce 8.95

### Chicken Wings

A pound of wings with choice of Honey Garlic, House Barbeque or Hot Sauce 11.50

### Chicken Tenders

Boneless chicken tenders fried until golden brown. Served with a choice of plum, honey mustard or sweet chili sauce 10.50

## ENTRÉE SALADS IT'S ALL INCLUDED

### Caesar Salad

Prepared with our signature Caesar dressing 12.75  
Served with hot grilled chicken or a skewer of sautéed prawns 3.95

### Spinach Salad

Prepared with almonds, apples, and cranberries with our own Honey Dijon dressing and topped with creamy goat cheese 12.75  
Served with hot grilled chicken or a skewer of sautéed prawns 3.95

## SPAGHETTI CLASSICS IT'S ALL INCLUDED

### Spaghetti with Meatballs

Hand rolled meatballs served with Italian marinara sauce and topped with fresh parmesan cheese 17.50  
Substitute Beyond Meat™ Meatballs 2.00

### Spaghetti Carbonara

An Italian classic made with fresh eggs, Parmesan cheese, Pancetta and a healthy dose of fresh cracked pepper 17.95

### The Manager's Favourite

Choice of any two of the sauces listed below 15.50

### Spaghetti with Browned Butter and Mizithra Cheese

Our signature Mizithra is a deliciously salty cheese that is grated over our spaghetti and drizzled with browned butter 15.75

### Spaghetti with Meat Sauce

Rich meat sauce made with premium vine-ripened tomatoes, onions, roasted garlic and herbs 14.95

### Spaghetti with Spicy Meat Sauce

Our homemade meat sauce enhanced with additional spices and herbs 14.95

### Spaghetti with Clam Sauce

Baby clams in a light garlic and basil cream sauce 15.50

### Spaghetti with Marinara Sauce

Prepared using premium vine-ripened tomatoes, caramelized onions, roasted garlic, olive oil, herbs and topped with chopped basil 13.50

### Spaghetti with Mushroom Sauce

Fresh button mushrooms, cooked until tender and blended with our rich Italian marinara sauce 14.95

### Pot-Pourri Spaghetti with Meat, Mushroom and Clam Sauce

A sampler for the undecided – generous portions of our most popular sauces 15.50

## BEVERAGES

### Soft Drinks (Refillable) 3.25



### Flavoured Lemonade / Iced Tea

Strawberry, Raspberry, Mango, Peach 4.25

### Ice Cream Smoothies

Cookie Monster, Banana Berry, Mango Frosty 4.50

### Italian Cream Sodas

Cherry, Blackberry, Strawberry, Raspberry 4.25

### Espresso, Latte, Americano, Café Mocha 2.75

## SIGNATURE PASTAS IT'S ALL INCLUDED

### Pesto Linguine

Our homemade pesto is a mix of organic basil, pine nuts and almonds blended with our Alfredo sauce then garnished with grape tomatoes 16.50  
Served with sautéed chicken or sautéed prawns 3.95

### Penne with Chicken

Sautéed chicken pieces, mushrooms, peppers and penne noodles tossed in a rich white wine basil cream sauce 18.25

### Lasagna - Mama Pulosi's Secret Homemade Recipe

Layer upon layer of pasta, meat sauce and mozzarella, ricotta and parmesan cheeses 18.75

### Chicken Alfredo with Mushroom and Mascarpone Cheese Ravioli

Sautéed chicken pieces and bacon in our creamy Alfredo sauce and mixed with wild mushroom and mascarpone cheese ravioli 19.50

### Seafood Fettuccine Alfredo

A creamy creation with prawns, scallops and mushrooms sautéed with our spinach and egg fettuccine noodles and Alfredo sauce 18.95

### Manicotti

Tubes of pasta stuffed with a delicately spiced mixture of cheeses and spinach, topped with marinara sauce and melted mozzarella 17.95

### Tortellini Pomodoro

Rainbow tortellini stuffed with cheese in a rich rosé basil cream sauce with mushrooms, peppers, tomatoes and garlic 17.25  
Served with sautéed chicken or sautéed prawns 3.95

### Seafood Linguine Marinara

Linguine noodles, topped with sautéed bay scallops, prawns and mushrooms in a garlic marinara sauce 18.50

### Tortellini al Forno

Rainbow tortellini with a light cheese filling and your choice of sauce then baked with mozzarella cheese 18.25

## FROM OUR GRILL IT'S ALL INCLUDED

### Chicken Parmigiana

A hand-breaded chicken breast, fried to a golden brown, topped with marinara sauce and melted parmesan and mozzarella cheeses. Served with spaghetti with marinara sauce or fries 21.50

### Roasted Garlic Grilled Chicken

A breast of chicken marinated with garlic and lemon and then grilled. Served over linguine noodles tossed with roasted garlic butter and topped with pesto tomatoes and parmesan cheese 21.95

### Baby Back Ribs

A pound of baby back pork ribs, slow cooked, basted with our own Smokey Barbeque Sauce and charbroiled to perfection. Served with spaghetti with marinara sauce or fries 23.95

### New York Steak

An 8 oz. center cut New York steak served with sautéed mushrooms and spaghetti with marinara sauce or fries 23.95  
Add a skewer of sautéed prawns 3.95

## SIDES

### Clam Chowder Soup New England style with bacon 5.95

### Baked French Onion Soup 6.25

### Minestrone Soup 5.75

### Sautéed Mushrooms Half a pound of fresh whole mushrooms 6.25

### Fresh Broccoli Flavoured with mizithra cheese and browned butter 3.95

### Meatballs and Marinara Sauce 3 hand-rolled meatballs 4.95

### Prawns Skewer of sautéed prawns 3.95

### Chicken Sautéed diced chicken breast 3.95

### Substitute Gluten Free Corn Pasta 1.00

Ask us about our gluten-free menu

### Substitute Multigrain Pasta 1.50

### French Fries 3.95

### Sweet Potato Fries 6.95