

# the old spaghetti factory

fresh food. refreshing prices.

## IT'S ALL INCLUDED

At the Old Spaghetti Factory "It's all included" means a complete meal at one low price. All our entrées include Sourdough Bread with Whipped Garlic and Plain Butter; Minestrone Soup or Crisp Green Salad; Spumoni Ice Cream; and Hot Tea or our own blend of Coffee. Dressing choices include Ranch, 1000 Island, Blue Cheese, House Italian or Low-Fat Basil Balsamic or:

Substitute Small Caesar Salad or Spinach Salad 2.00  
Substitute Clam Chowder or Baked French Onion Soup 2.50

## APPETIZERS

### Garlic Cheese Toast

Mozzarella, parmesan, and cheddar cheeses with an extra kick of garlic and spice. Served toasted on ciabatta 8.50 🌱

**Bam Bam Shrimp** Crispy breaded white shrimp glazed in spicy Sriracha sauce and garnished with fresh green onion 9.50

**Crispy Mozzarella Triangles** Breaded mozzarella fried until golden brown. Served with tangy dill or marinara sauce 8.95 🌱

**Steamed Mussels** A pound of juicy mussels steamed in a white wine, garlic and tomato broth 10.50

**Calamari Fritti** Lightly floured and seasoned calamari served with Tzatziki dip 10.25

**Chicken Wings** A pound of wings with choice of Honey Garlic, House Barbeque or Hot Sauce 11.50

**Chicken Tenders** Boneless chicken tenders fried until golden brown. Served with a choice of plum, honey mustard or sweet chili sauce 10.50

## ENTRÉE SALADS **IT'S ALL INCLUDED**

**Caesar Salad** Prepared with our signature Caesar dressing 11.75  
Served with hot grilled chicken or a skewer of sautéed prawns 3.95

**Spinach Salad** Prepared with almonds, apples, and cranberries with our own Honey Dijon dressing and topped with creamy goat cheese 11.75 🌱  
Served with hot grilled chicken or a skewer of sautéed prawns 3.95

## SPAGHETTI CLASSICS **IT'S ALL INCLUDED**

**Spaghetti with Meatballs** Hand rolled meatballs served with Italian marinara sauce and topped with fresh parmesan cheese 16.75  
Substitute Beyond Meat™ Meatballs 2.00 🌱

**Spaghetti Carbonara**  
An Italian classic made with fresh eggs, Parmesan cheese, Pancetta and a healthy dose of fresh cracked pepper 17.95

**The Manager's Favourite**  
Choice of any two of the sauces listed below 15.25

**Spaghetti with Browned Butter and Mizithra Cheese**  
Our signature Mizithra is a deliciously salty cheese that is grated over our spaghetti and drizzled with browned butter 15.50 🌱

**Spaghetti with Meat Sauce** Rich meat sauce made with premium vine-ripened tomatoes, onions, roasted garlic and herbs 14.50

**Spaghetti with Spicy Meat Sauce**  
Our homemade meat sauce enhanced with additional spices and herbs 14.50

**Spaghetti with Clam Sauce**  
Baby clams in a light garlic and basil cream sauce 15.25

**Spaghetti with Marinara Sauce**  
Prepared using premium vine-ripened tomatoes, caramelized onions, roasted garlic, olive oil, herbs and topped with chopped basil 12.95 🌱

**Spaghetti with Mushroom Sauce** Fresh button mushrooms, cooked until tender and blended with our rich Italian marinara sauce 14.50 🌱

**Pot-Pourri Spaghetti with Meat, Mushroom and Clam Sauce**  
A sampler for the undecided – generous portions of our most popular sauces 15.25

## LUNCH SPECIALS **IT'S ALL INCLUDED**

Available until 4:00 pm  
All sandwiches served with French Fries

**Lunch-Size Spaghetti** A hearty portion of spaghetti with your choice of sauce: Marinara, Meat, Spicy, Mushroom, Clam or Mizithra cheese 12.25

**Lunch-Size Lasagna or Manicotti** 12.95

**Lunch-Size Fettuccine con Pollo or Chicken Penne** 13.75

**Hot and Crispy Chicken Club**  
Crispy chicken breast with hickory smoked bacon, sliced tomato, red onion, fresh romaine and our signature spicy Sriracha sauce on a ciabatta bun 14.75

**Hot Roast Beef Dip**  
Thinly sliced beef, roasted in-house, on a ciabatta with crispy onions and roasted garlic parmesan aioli  
Served with a side of rich Au Jus for dipping 13.95

**New York Steak Sandwich**  
A 6oz Canadian striploin grilled as you like on top of garlic sourdough toast 15.75

**Chicken Tenders and Fries** 13.25

**Soup and Salad** Baked French Onion, Minestrone or Clam Chowder Soup, and Green, Caesar or Spinach Salad 11.25

## SIGNATURE PASTAS **IT'S ALL INCLUDED**

**Pesto Linguine** Our homemade pesto is a mix of organic basil, pine nuts and almonds blended with our Alfredo sauce then garnished with grape tomatoes 15.50 🌱  
Served with sautéed chicken or sautéed prawns 3.95

**Penne with Chicken** Sautéed chicken pieces, mushrooms, peppers and penne noodles tossed in a rich white wine basil cream sauce 17.50

**Lasagna - Mama Pulosi's Secret Homemade Recipe**  
Layer upon layer of pasta, meat sauce and mozzarella, ricotta and parmesan cheeses 17.95

**Chicken Alfredo with Mushroom and Mascarpone Cheese Ravioli**  
Sautéed chicken pieces and bacon in our creamy Alfredo sauce and mixed with wild mushroom and mascarpone cheese ravioli 19.25

**Seafood Fettuccine Alfredo** A creamy creation with prawns, scallops and mushrooms sautéed with our spinach and egg fettuccine noodles and Alfredo sauce 18.75

**Fettuccine Con Pollo** Sautéed chicken and mushrooms in a tangy white sauce baked with mozzarella and cheddar cheese 18.50

**Manicotti** Tubes of pasta stuffed with a delicately spiced mixture of cheeses and spinach, topped with marinara sauce and melted mozzarella 17.50 🌱

**Tortellini Pomodoro** Rainbow tortellini stuffed with cheese in a rich rosé basil cream sauce with mushrooms, peppers, tomatoes and garlic 16.75 🌱  
Served with sautéed chicken or sautéed prawns 3.95

**Seafood Linguine Marinara** Linguine noodles, topped with sautéed bay scallops, prawns and mushrooms in a garlic marinara sauce 17.95

## FROM OUR GRILL **IT'S ALL INCLUDED**

**Chicken Parmigiana** A hand-breaded chicken breast, fried to a golden brown, topped with marinara sauce and melted parmesan and mozzarella cheeses. Served with spaghetti with marinara sauce or fries 20.50

**Roasted Garlic Grilled Chicken** A breast of chicken marinated with garlic and lemon and then grilled. Served over linguine noodles tossed with roasted garlic butter and topped with pesto tomatoes and parmesan cheese 20.95

**Hunter's Chicken** A breaded chicken breast fried to a golden brown and topped with mushrooms and hollandaise sauce. Served with our spaghetti with marinara sauce or fries 21.25

**Baby Back Ribs** A pound of baby back pork ribs, slow cooked, basted with our own Smokey Barbeque Sauce and charbroiled to perfection. Served with spaghetti with marinara sauce or fries 22.75

**New York Steak** An 8 oz. center cut New York steak served with sautéed mushrooms and spaghetti with marinara sauce or fries 22.95  
Add a skewer of sautéed prawns 3.95

## SIDES

**Clam Chowder Soup** New England style with bacon 6.50

**Baked French Onion Soup** 6.75 🌱

**Minestrone Soup** 6.25 🌱

**Sautéed Mushrooms** Half a pound of fresh whole mushrooms 6.25 🌱

**Fresh Broccoli** Flavoured with mizithra cheese and browned butter 3.95 🌱

**Meatballs and Marinara Sauce** 3 hand-rolled meatballs 4.95

**Prawns** Skewer of sautéed prawns 3.95

**Chicken** Sautéed diced chicken breast 3.95

**Substitute Gluten Free Corn Pasta** 1.00  
Ask us about our gluten-free menu

**Substitute Multigrain Pasta** 1.50

**French Fries** 3.95 🌱

**Sweet Potato Fries** Served with a chipotle dip 6.95 🌱

## BEVERAGES

**Soft Drinks (Refillable)** 3.25



**Flavoured Lemonade / Iced Tea**  
Strawberry, Raspberry, Mango, Peach 4.25

**Ice Cream Smoothies**  
Cookie Monster, Banana Berry, Mango Frosty 4.50

**Italian Cream Sodas** Cherry, Blackberry, Strawberry, Raspberry 4.25

**Espresso, Latte, Americano, Café Mocha** 2.75