

the old spaghetti factory

fresh food. refreshing prices.

IT'S ALL INCLUDED

At the Old Spaghetti Factory "It's all included" means a complete meal at one low price. All our entrées include Italian Sourdough Bread with Whipped Garlic and Plain Butter; Minestrone Soup or Crisp Green Salad; Spumoni Ice Cream; and Hot Tea or our own blend of Coffee. Dressing choices include Ranch, 1000 Island, Blue Cheese, House Italian or Low-Fat Basil Balsamic or:
Substitute Small Caesar Salad or Spinach Salad 2.00
Substitute Clam Chowder or Baked French Onion Soup 2.50

APPETIZERS

Garlic Cheese Toast

Mozzarella, parmesan, and cheddar cheeses with an extra kick of garlic and spice. Served toasted on ciabatta 8.50

Bam Bam Shrimp Crispy breaded white shrimp glazed in spicy Sriracha sauce and garnished with fresh green onion 9.50

Steamed Mussels A pound of juicy mussels steamed in a white wine, garlic and tomato broth 10.50

Calamari Fritti Lightly floured and seasoned calamari served with Tzatziki dip 10.25

Crispy Mozzarella Triangles Breaded mozzarella fried until golden brown. Served with tangy dill or marinara sauce 8.95

Chicken Wings A pound of wings with choice of Honey Garlic, House Barbeque or Hot Sauce 11.50

Chicken Tenders Boneless chicken tenders fried until golden brown. Served with a choice of plum, honey mustard or sweet chili sauce 10.50

ENTRÉE SALADS IT'S ALL INCLUDED

Add hot grilled chicken or a skewer of sautéed prawns 3.95

Caesar Salad Prepared with our signature Caesar dressing 11.50

Spinach Salad Prepared with almonds, apples, and cranberries with our own Honey Dijon dressing and topped with creamy goat cheese 11.50

SPAGHETTI CLASSICS IT'S ALL INCLUDED

Spaghetti with Meatballs Hand rolled meatballs served with Italian marinara sauce and topped with fresh parmesan cheese 16.95
Substitute Beyond Meat™ Meatballs 2.00

Spaghetti Carbonara
An Italian classic made with fresh eggs, Parmesan cheese, Pancetta and a healthy dose of fresh cracked pepper 17.95

The Manager's Favourite
Choice of any two of the sauces listed below 14.95

Spaghetti with Browned Butter and Mizithra Cheese
Our signature Mizithra is a deliciously salty cheese that is grated over our spaghetti and drizzled with browned butter 15.25

Spaghetti with Meat Sauce
Rich meat sauce made with premium vine-ripened tomatoes, onions, roasted garlic and herbs 14.50

Spaghetti with Spicy Meat Sauce
Our homemade meat sauce enhanced with additional spices and herbs 14.50

Spaghetti with Clam Sauce
Baby clams in a light garlic and basil cream sauce 14.95

Spaghetti with Marinara Sauce
Prepared using premium vine-ripened tomatoes, caramelized onions, roasted garlic, olive oil, herbs and topped with chopped basil 12.95

Spaghetti with Mushroom Sauce Button mushrooms, cooked until tender and blended with our rich Italian marinara sauce 14.25

Pot-Pourri Spaghetti with Meat, Mushroom and Clam Sauce
A sampler for the undecided – generous portions of our most popular sauces 14.95

LUNCH SPECIALS IT'S ALL INCLUDED

Available until 2:30 pm
All sandwiches served with French Fries

Hot and Crispy Chicken Club
Crispy chicken breast with hickory smoked bacon, sliced tomato, red onion, fresh romaine and our signature spicy Sriracha sauce on a ciabatta bun 14.75

Lunch-Size Lasagna or Manicotti 12.75

Hot Roast Beef Dip
Thinly sliced beef, roasted in-house, on a ciabatta with crispy onions and roasted garlic parmesan aioli
Served with a side of rich Au Jus for dipping 13.95

New York Steak Sandwich
A 6oz Canadian striploin grilled as you like on top of garlic sourdough toast 15.75

Chicken Tenders and Fries 12.95

Soup and Salad Baked French Onion, Minestrone or Clam Chowder Soup, and Green, Caesar or Spinach Salad 11.50

SIGNATURE PASTAS IT'S ALL INCLUDED

Pesto Linguine Our homemade pesto is a mix of organic basil, pine nuts and almonds blended with our Alfredo sauce then garnished with grape tomatoes 15.75
Served with sautéed chicken or sautéed prawns for 3.95

Penne with Chicken Sautéed chicken pieces, mushrooms, peppers and penne noodles tossed in a rich white wine basil cream sauce 17.25

Lasagna - Mama Pulosi's Secret Homemade Recipe
Layer upon layer of pasta, meat sauce and mozzarella, ricotta and parmesan cheeses 17.75

Tuscan Chicken Lasagna Fresh lasagna noodles layered with roasted chicken, sweet grape tomatoes, parmesan cream and organic basil pesto sauce and baked with mozzarella cheese 19.75

Chicken Alfredo with Mushroom and Mascarpone Cheese Ravioli
Sautéed chicken pieces and bacon in our creamy Alfredo sauce and mixed with wild mushroom and mascarpone cheese ravioli 19.25

Seafood Fettuccine Alfredo A creamy creation with prawns, scallops and mushrooms sautéed with our spinach and egg fettuccine noodles and Alfredo sauce 18.75

Manicotti Tubes of pasta stuffed with a delicately spiced mixture of cheeses and spinach, topped with marinara sauce and melted mozzarella 17.75

Tortellini Pomodoro Rainbow tortellini stuffed with cheese in a rich rosé and basil cream sauce with mushrooms, peppers, tomatoes and garlic 16.25
Served with sautéed chicken or sautéed prawns for 3.95

Seafood Linguine Marinara Linguine noodles, topped with sautéed bay scallops, prawns and mushrooms in a garlic marinara sauce 17.50

FROM OUR GRILL IT'S ALL INCLUDED

Chicken Parmigiana A hand-breaded chicken breast, fried to a golden brown, topped with marinara sauce and melted parmesan and mozzarella cheeses. Served with spaghetti with marinara sauce or fries 20.25

Roasted Garlic Grilled Chicken A breast of chicken marinated with garlic and lemon and then grilled. Served over linguine noodles tossed with roasted garlic butter and topped with pesto tomatoes and parmesan cheese 20.25

Baby Back Ribs A pound of baby back pork ribs, slow cooked, basted with our own Smokey Barbeque Sauce and charbroiled to perfection. Served with spaghetti with marinara sauce or fries 22.50

New York Steak A Canadian 8 oz. center cut New York steak served with sautéed mushrooms and spaghetti with marinara sauce or fries 22.25
Add a skewer of sautéed prawns 3.95

SIDES

Clam Chowder Soup New England style with bacon 5.95

Baked French Onion Soup 6.25

Minestrone Soup 5.75

Sautéed Mushrooms Half a pound of fresh whole mushrooms 6.25

Fresh Broccoli Flavoured with mizithra cheese and browned butter 3.95

Meatballs and Marinara Sauce 3 hand-rolled meatballs 4.95

Prawns Skewer of sautéed prawns 3.95

Chicken Sautéed diced chicken breast 3.95

Grilled Salmon Applewood smoked 5.95

Substitute Gluten Free Corn Pasta 1.00
Ask us about our gluten-free menu

Substitute Multigrain Pasta 1.50

French Fries 3.95

Sweet Potato Fries 6.95

BEVERAGES

Soft Drinks (Refillable) 3.25

Flavoured Lemonade / Iced Tea
Strawberry, Raspberry, Mango, Peach 4.25

Ice Cream Smoothies
Cookie Monster, Banana Berry, Mango Frosty 4.50

Italian Cream Sodas Cherry, Blackberry, Strawberry, Raspberry 4.25

Espresso, Latte, Americano, Café Mocha 2.75

